

a guide to adding Diversity, Equity and Inclusion
to your leadership journey

Virtual

LeadHERship

Defined summit



Leadership Defined x Diversity, Equity and Inclusion Committee



What is Girl Talk?

The Official Girl Talk, Inc. LeadHERship Defined Virtual Summit E-Book

“GIRL TALK BROUGHT THE BEST OUT OF ME. IT MADE ME BECOME CONSCIOUS OF THE VALUE OF MY DIVERSITY AND THE WORTH OF MY WORD.”

– Girl Talk Leader



About Girl Talk, Inc.

Mission: We inspire all girls to be confident leaders through peer-to-peer mentoring programs.

Vision: We envision a world where all girls live confidently, lead fearlessly, & support one another.

The Girl Talk program helps girls recognize various styles, characteristics and approaches of leadership and then gives them the opportunity to put them into practice. At Girl Talk, we believe there are no limits to girls’ potential, and we strive to create an environment that inspires, motivates and cultivates confidence and other leadership qualities.

Challenge No. 1

Let's Grow Together

Role models are people looked to as an example to imitate.

Anyone can be a role model. Some role models offer an example of helpful behaviors to follow. Some role models show off unhelpful or harmful behaviors. Choosing to be a part of Girl Talk means you have made a decision to move forward as a positive, helpful role model.

Ask: What are the types of behaviors associated with being a positive role model?

Ask: How can role models make a difference in someone's life?

Ask: What are the benefits of being a positive role model at home? At school? In the community?

Challenge:

Write on a post-it note : "Each day, we're each given an opportunity to be a role model. The choices we make change so much more than just our own lives."

**Ask Yourself : "How can you apply this quote to your life?"
"How can you be a positive role model?"**



Who inspires you? Why heroes, role models, and mentors matter.

Dyan deNapoli

A Seat at the Table

Differences are all around us and are a part of what make us unique individuals. Differences can be reflected through cultural practices, physical characteristics, biological traits, geographic location, sexual orientation, ability status, and even personal interests and hobbies. Although all differences should be respected and celebrated, sometimes they can be used as a means to create divisions between groups of people. These divisions can exclude those that look, behave, or believe differently. We are all different, but some forms of difference are more obvious than others. Some people face great challenges and consequences because of their differences. It is up to us to recognize when we or someone else is being treated unfairly because of their differences.

Ask: Has there ever been a time in your life when you felt different? What occurred? How did this make you feel?

Ask: Has there ever been a time in your life that you judged someone else, without knowing them, because they were different?

Challenge:

Have a conversation with someone who is different from you and find three things you both have in common.



CULTURAL DIVERSITY:
How can I celebrate my
friends?

PROJECT ROCKIT

Challenge No. 3

Her Success is not My Failure

Self-advocacy is speaking up for yourself and making personal decisions that you will benefit from. This process can often feel scary and intimidating in the beginning, because sometimes the outcome is not what you want. But that is okay.

Learning how to advocate for yourself takes self-confidence, boldness, and courage. And it also requires being willing to ask for help when you need it. When we become a self-advocate, we are able to gain the information and support that we need to reach our goals. Speaking up for yourself may mean having difficult conversations with others in order to solve problems. But it is worth it, and you are worth it.

Ask: What are some important self-advocacy skills?

Ask: What might get in the way of advocating for yourself?

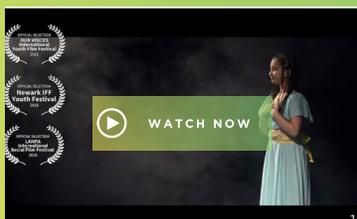
Empowering others means helping them to recognize their strengths, being a supportive friend, and celebrating others' successes in a genuine way. Being able to identify opportunities to uplift and inspire another person is an important part of empowering others. In order to effectively empower others you must understand that someone else's success does not mean that you are a failure. Empowering others is a selfless act because it requires you to step outside of yourself in order to support and inspire another person.

Ask: What might stand in the way of empowering someone else? How might you handle this obstacle?

Ask: What are some other ways to empower other people?

Challenge:

Make the most of opportunities to put the quote we discussed into action. It can be in small ways or big ways, but focus on being a positive leader and role model.



YOU CAN (motivational video)- Girls and Women, Believe in Your Magic!

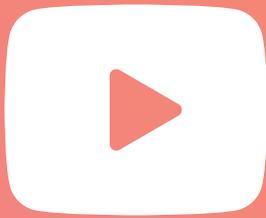
Liviu Rotaru



Always #LikeAGirl Unstoppable

Susan Convery Portfolio

Follow us on Social Media



@girltalkinc

GET INVOLVED

START A CHAPTER

Our girl-led Chapters offer ALL high school girls a unique leadership opportunity to explore and develop their own skills and style as a leader in an environment where there is no barrier to leadership.

To start a Girl Talk Chapter, you need three simple things:

STARTING
A CHAPTER IS
EASY AS A-B-C!

A
LEADER

+

B
ADVISER

+

C
LOCATION

=

YOUR VERY OWN
GIRL TALK CHAPTER!

Once you have those details in place, it's time to apply for your Chapter.
Check out our website: mygirltalk.org for more info!

AMBASSADOR PROGRAM

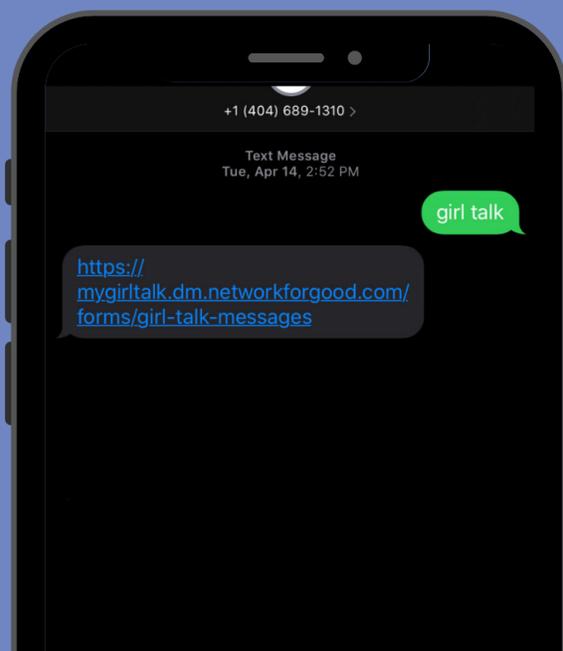
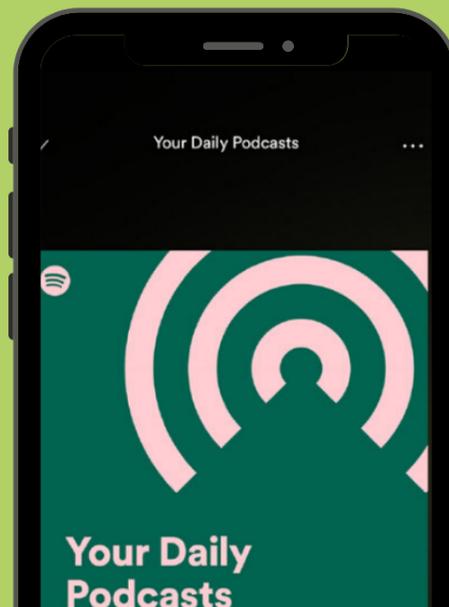
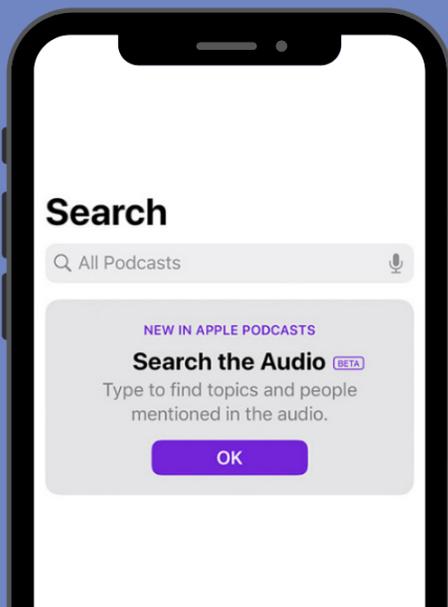
A group of Girl Talk Leaders who will serve as representatives of Girl Talk to their communities and local Chapters and as representatives of the Girl Talk community to our headquarters! As a Girl Talk Ambassador, you will be an advocate for Girl Talk in every way, from spreading awareness of our program and its impact in your community and on a national platform to helping us determine where Girl Talk goes in the future and how it will continue to grow and develop.

Through monthly online meetings and ongoing communications, Ambassadors will help Chapters locally, nationally and the Girl Talk Team to focus on developing our community service, diversity and inclusion, and fundraising efforts. They will also have the opportunity to share their voices on the Girl Talk blog and promote Girl Talk on social media.

Applications Open Now



Never miss an episode.
Check out the
Girl Talk, Inc. Podcast!



Do you want to receive
encouraging texts from Girl
Talk and Stay Up to Date with
us ?

"Text Girl Talk to
(404)- 689-1310"
to keep up with us today!

Summit Session:

"Her Success is not your Failure"
A conversation about empowerment

Summit Session:

A Seat At The Table
A conversation about inclusion



with

Anita Li
Media Consultant
and Journalism
Instructor



with

Francesca Cavallo
Bestselling Author,
Entrepreneur and
Activist



with

Lauren Alleyne
Author of Two
Collections of Poetry



with

Julia Hodum
Director of Inclusion
and Diversity (I&D)
at Schindler Elevator
Corporation



with

Dr. Mandisa Greene
President of Royal
College of Veterinary
Surgeons

Thank You to Our Speakers

Summit Session:

Let's Grow Together
A conversation about mentoring



with

Kia Painter
Vice President, Strategic
Human Resources
Solutions, for Cox
Communications.



with

Kris Sealey
Teaches
Philosophy at
Fairfield University



with

Jeannie Smith
Vice President
with
LocumTenens.com



with

Jana Schmidt

Thank You to Our Diversity, Equity and Inclusion Committee

Nicole Smith

Jayla Moody

Dixie Francis

Vanessa Alva

Dori Kaufman

Belinda Patterson

Sha' Kayla Nunez

Nadia Kressley

Kendall Jackson

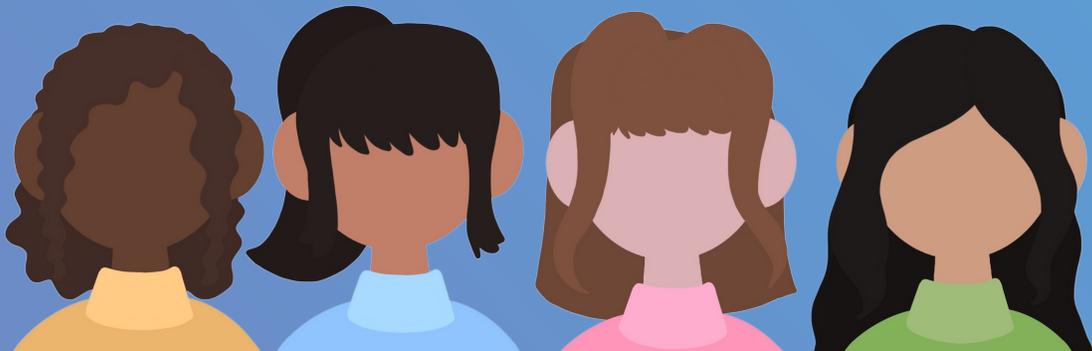
Thank You!

Girl Talk Ambassador

Annalise Allen



Illustrator of our Diversity, Equity and Inclusion
LeadHERship Summit Graphic



Virtual

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Did you enjoy

this Summit?

There will be more!

Stay tuned

for more resources!