



CHAPTER MEETING STRUCTURE

SAMPLE SCHEDULE

- 3:15PM Girls arrive and eat snacks brought in by a different volunteer each week and socialize for 10 15 minutes. Girls share how they accomplished their weekly challenge and what they learned/how they felt.
- 3:30PM Begin Lesson for the week. Meetings open by playing a fun game known as an Icebreaker. This allows the girls to laugh and get excited about the day's Lesson.
- 3:40PM The Leader usually opens with a topic (usually one addressed through the Anonymous Question Box), and then she shares a personal story reflecting that issue (if she does not have a personal story relating to the topic, each lesson provides a story for her to use and reference).
- 3:45PM Discuss the topic, always including the girls' comments and asking them for their input. Together everyone comes to a solution on how to handle a challenging situation. For example, if someone is spreading a rumor about you...how should you react?
- 3:55PM Divide up into groups to discuss what was learned that day. A Leader is assigned to every group to lead the discussion. The older girls in the group are encouraged to also participate and begin taking on a leadership role.
- 4:10PM The Leaders give the girls a challenge for the week. The next week they are encouraged to tell their stories of how they carried out the challenge throughout the week.
- 4:15PM Girls are dismissed until next week!